



CORN FLAKES



PAIN GRIS



BISCUIT PETIT-DÉJEUNER



PAIN BLANC



TOFU



SOJA



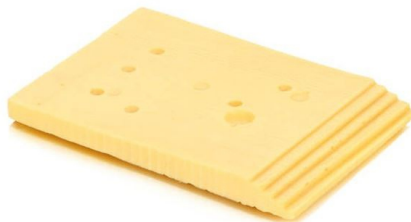
LAIT



FROMAGE FRAIS



FROMAGE A TARTINER



GOUDA



YAOURT



POMME

380 kcal / 100 g	177,5 kcal / 100 g	440 kcal / 100 g
CEREALE - FECULENT	CEREALE - FECULENT	CEREALE - FECULENT
216 kcal / 100 g	160 kcal / 100 g	422 kcal / 100 g
CEREALE - FECULENT	CEREALE - FECULENT	CEREALE - FECULENT
45 kcal / 100 g	49 kcal / 100 g	160 kcal / 100 g
LAITAGE	LAITAGE	LAITAGE
357 kcal / 100 g	42,4 kcal / 100 g	50,9 kcal / 100 g
LAITAGE	LAITAGE	FRUIT



POIRE



MANDARINE



BANANE



KIWI



COMPOTE



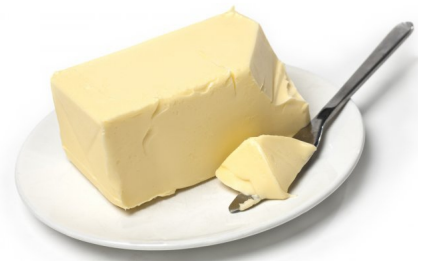
EAU



SODA



JUS MULTIFRUIT



BEURRE



CONFITURE



CHOCOLAT



POUDRE CHOCOLATÉE

64,4 kcal / 100 g	41,2 kcal / 100 g	96,6 kcal / 100 g
FRUIT	FRUIT	FRUIT
53 kcal / 100 g	76 kcal / 100 g	0 kcal
FRUIT	FRUIT	BOISSON
412 kcal / 100 cl	410 kcal / 100 cl	750 kcal / 100 g
BOISSON	BOISSON	ACCOMPAGNEMENT
265 kcal / 100 g	535 kcal / 100 g	333 kcal / 100 g
ACCOMPAGNEMENT	ACCOMPAGNEMENT	ACCOMPAGNEMENT



SUCRE



OEUF



JAMBON CUIT



FILET DE VOLAILLE



VIANDE D'AGNEAU



VIANDE DE BŒUF



VIANDE DE PORC



VIANDE DE POULET



POISSON



EPINARD



SALADE



CAROTTE

100 kcal / 100 g	146 kcal / 100 g	290 kcal / 100 g
PROTEINE	PROTEINE	PROTEINE
114 kcal / 100 g	189 kcal / 100 g	188 kcal / 100 g
PROTEINE	PROTEINE	PROTEINE
297 kcal / 100 g	150 kcal / 100 g	95 kcal / 100 g
PROTEINE	PROTEINE	PROTEINE
19 kcal / 100 g	15 kcal / 100 g	38 kcal / 100 g
LEGUME	LEGUME	LEGUME



TOMATE



PÂTES



RIZ



POMMES DE TERRE



LENTILLES



HARICOTS ROUGES



QUINOA



CHOU

21 kcal / 100 g	350 kcal / 100 g	349 kcal / 100 g
LEGUME	CEREALE - FECULENT	CEREALE - FECULENT
90 kcal / 100 g	98 kcal / 100 g	93 kcal / 100 g
CEREALE – FECULENT	CEREALE - FECULENT	CEREALE - FECULENT
26 kcal / 100 g		
LEGUME		

